

Lesson Plan

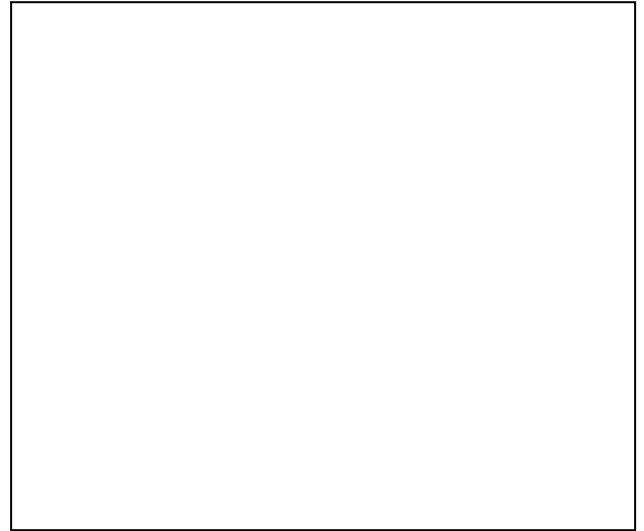
The coach may use the following blank copy to prepare the lesson plan

Age: _____

Skill: _____

Aim: _____

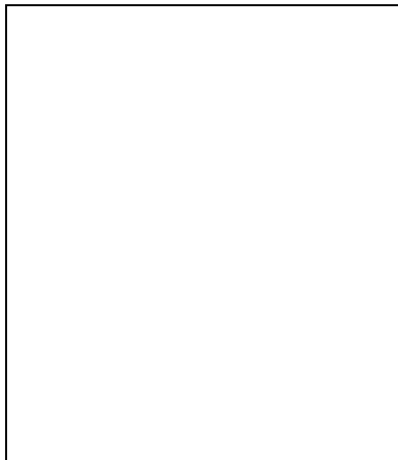
Warm-Up Activity



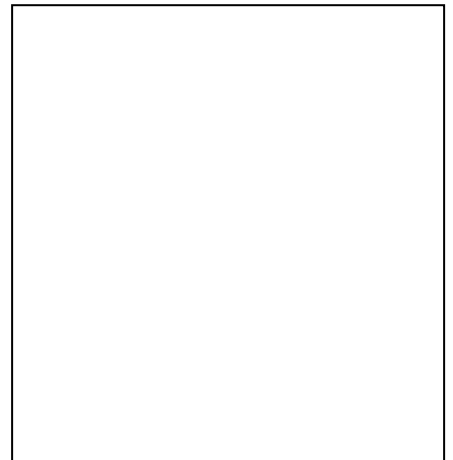
Teaching Points



Drills



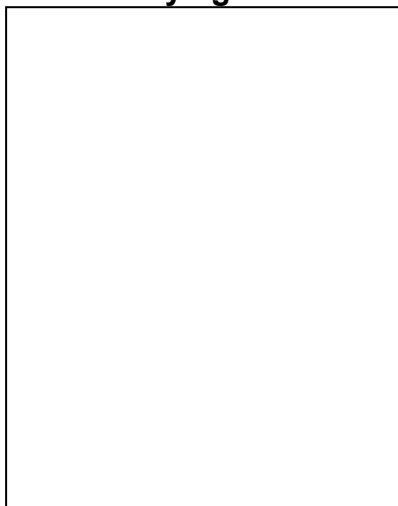
Variation



Rules



Playing Area



Equipment

